

# Extra Session of Herald Cooking School Draws Big Morning Crowd

## MORNING SESSION FOR WOMEN DISAPPOINTED LAST SATURDAY

Mrs. Evans Teaches How to Make Waldorf Salad and Waldorf Salad Dressing, Maple Nut Biscuit and Orange Pie; Exhibits Attract Attention, Music Is Enjoyable; Grape Juice Is Served Free to Guests.

FOLLOWING the phenomenal success of the Saturday afternoon session of The Herald's cooking school and pure food exhibit, two sessions were held Monday. Several hundred

**PROGRAM FOR COOKING SCHOOL FOR TUESDAY**

Luncheon Dishes—Entrees, Luncheon tomatoes, Nut loaf, Swiss soup.

Fireless cooker demonstration.

Tuesday Morning, Sweet potato croquettes, Corn with sweet peppers, Carrot pudding, Preparation of vegetables.

Monday was to take care of those disappointed ones.

Mrs. Evans went over part of her Saturday program with the women Monday and added some new suggestions.

Monday afternoon was devoted to teaching how to prepare Waldorf salad, Waldorf dressing, maple nut biscuit or rolls and orange pie.

Mrs. Evans is an interesting talker as well as a master of cooking and she tells her story in an entertaining, thoroughly understandable manner. Every step in her various demonstrations is clearly and carefully illustrated in clear, concise English, and Mrs. Evans shows no annoyance at questions asked by those in the audience. In fact, she says she likes to be questioned, as it shows that the women are interested in what she is doing and that they are trying to profit by it.

**Interested in Exhibits.**

Those in attendance appeared much interested in the exhibits and spent Monday and Saturday afternoon, both the time between the opening of the doors and the beginning of the cooking demonstrations listening to Van Surdam's orchestra and inspecting the exhibits, all of which are arranged in a very artistic manner about the banquet hall.

One of the interesting and pleasing

features of the exhibit is "The Red Wing" and her grape juice. "Miss Redwing" is serving "Redwing" grape juice free to all the guests at the booth of the Standard Grocery company. It is a pleasing, cooling beverage and this booth is one of the strong popular attractions in the big hall.

**Bread Hints.**

During her demonstration Monday morning, Mrs. Evans gave out many valuable hints as to bread and bread making, while she demonstrated several kinds of bread and promulgated enough varieties of sandwiches to make the average housewife happy for a year.

In giving out general hints on bread making she said:

"Dough should be thoroughly mixed with a perforated spoon before kneading."

"Make small loaves and bake well."

"If the dough is not light and spongy enough give it more sugar, if too much so, take it younger."

"Cold and salt check fermentation; salt retards yeast; heat hastens it. Sugar is food for yeast and helps it to bud and grow."

Keep the dough well covered to prevent crust forming; a tin pan or earthen dish covered over bowl containing dough is better than a cloth or paper.

**When It Is Ready.**

"Bread is ready for the oven when the dent produced by pressing the finger on the loaf will remain."

"Bread and rolls should be set in a place only moderately warm. If the dough becomes chilled, the bread will be heavy, slow and coarse. If too warm, it will be coarse, dark and probably sour."

"Let the dough double in size before baking; this should require an hour."

"If for any reason the dough has soured, a teaspoonful of soda, dissolved in a little water, will help it, but will not bring back the sweet flavor home-made bread should have."

"It is impossible to tell in any recipe how much flour to add to a dough

### Cooking Recipes

By Mrs. Evans

The recipes given by Mrs. Evans at The Herald's cooking school Monday were as follows:

**Orange Pie.**

One cup orange juice, one cup sugar, three eggs, reserving whites of two for meringue, one teaspoon, teaspoonful butter, one level tablespoonful flour; cook in double boiler until rather thick.

**Maple Nut Biscuit.**

Three cups (Globe Mills flour, two rounded teaspoonful Calumet baking powder, one level teaspoonful salt, three slightly rounded tablespoonfuls cottage cheese, one 1-4 cups Monarch brand condensed milk (diluted), 1 roll, this in sheet about 1-8 inch in thickness, spread thinly with cottage cheese, then one cup chopped English walnuts, one cup maple sugar, roll up as for roll jelly cake, cut in pieces 1 1/2 inches thick, put into pans without touching, and bake in moderate oven until a delicate brown.

**Waldorf Salad.**

One quart chopped apples, two cups dried celery, one one-half cups blanched and shredded almonds, 2-3 cup rolled pecan nuts. Serve with Waldorf dressing.

**Waldorf Dressing.**

One tablespoonful melted butter, one teaspoon each of mustard and white sugar, 1-2 teaspoon salt, 1-4 teaspoon pepper. Add two well beaten yolks and then beat in slowly four tablespoonfuls lemon juice. Cook in double boiler until it thickens, then add whites of two eggs, beaten stiff. Keep on ice until wanted. Stir in one cup whipped cream before serving.

or batter of any kind, as flour differs in many ways. Some flour requires more water or milk than others, so that the quantity required may vary for dough of a proper consistency.

**About Dark Flour.**

"If any dark flour (graham, etc.) is used for bread, instead of white, use whole wheat flour, as it possesses more healthful properties than any other flour."

In addition to her general hints on bread, Mrs. Evans called special attention to Fleischmann's compressed yeast, a pioneer product.

"It is particularly healthful," she said. "European physicians in general and many American doctors in particular have recommended compressed yeast for liver and stomach trouble."

**Open to All.**

The lectures and demonstrations are absolutely free, and all women of the city are invited to attend. Mrs. Evans has been giving similar lectures all over the country and has aroused interest in every city to which she has appeared. She was induced to come to this city by The Herald in order that El Paso might be given the benefit of her instructions.

Where the lectures are given is within easy reach of all parts of the city, and the modern kitchen labor-saving devices are on display and will be explained by experts. Comfortable seats are in the hall, which is very attractive and inviting. Mrs. Evans gives her demonstrations from a platform on which have been placed various articles of kitchen furniture necessary for the preparing of meals.

### CHICAGO WOMEN ARE PUZZLE TO LEADERS

(Continued From Page One.)

ocratic candidate for mayor, have arranged for a parade in the downtown district, as well as a large number of meetings where speakers will address the people.

The managers of Wm. Hale Thompson, Republican nominee for mayor, planned to hold 1000 meetings at street corners and in factories during the day. One thousand automobiles each will carry one woman and two men orators.

### JUGGLING NOVELTY TO BE GIVEN IN CRAWFORD BILL

The management of the Western Burlesque Wheel now playing the Crawford, promises a widely different bill beginning Thursday, matinee, when the first change will be produced.

The olio will introduce Hesse, an eccentric juggler fresh from European triumph and said to be a decided novelty. The Meltonians and the Art Studies, it is claimed, will go to make up one of the strongest shows in the company's repertoire.

### TODAY'S AMUSEMENTS

**WIGWAG'S BIG BILL TODAY.**

Direct from the Vitaphone's own theater comes the splendid Broadway Star feature, "From Headquarters" to please the Wigwag's most critical patrons today. "From Headquarters" was produced by Ralph Ince, with Anita Stewart and Karl Williams playing the leads. It was this trio that made the Broadway Star feature famous by their work in such pictures as "A Million Bids," etc. "From Headquarters" is a story of a girl's attempt to kill the man who discarded her and her detective father being assigned to the case to discover the man's assailant. It is thrilling, it is novel, it is interesting and best of all, it "ends right."

Two other big features this week are Alice Joyce in "The Girl of the Music Hall" here Friday, and little Marguerite Clark in "Wildflower," here Thursday. "Wildflower" should not be confused with Lillian Russell's "Wildfire." They are two entirely different plays.—Advertisement.

### THE ALHAMBRA.

The following good bill will be exhibited at the Alhambra today: "The Battle of Frenchman's Run," a Vitaphone comedy in which there is lots of fun, including a comical battle with broadaxes, that is a scream. "Desperate Dan, the Plumber," is a Kalem slapstick comedy that is good for a laugh a minute; many ludicrous acrobatic stunts are pulled off that are wonderful. "Pat's Weekly" is full of all the latest news and also contains an animated cartoon, "Col. Hesse Liar Runs the Rodeo."

Wednesday, the Alhambra will have a one reel comedy in its program, featuring Richard Carle, the famous comedian; this film, "The Dancing Beetle," will prove a winner.

Saturday and Sunday, the prince of comedians, Lew Fields, will be seen in "Old Dutch," a five-act comedy drama feature.—Advertisement.

### SPECIAL FEATURE AT THE BIJOU.

Today the Bijou patrons will have a chance to see one of the best pictures the Kalem company has produced in a long time. "The First Commandment," is a three part feature, based on the Ten Commandments, and was produced by "Tom Moore," who plays the leading role in the production. This production is pronounced by private reviewers to be of exceptional merit. Ever since this picture has been released, it has drawn enormous crowds in the largest theaters in the east, and should be seen by everyone today, as the management could only secure it for one day.

Tomorrow, a "Vitaphone" special, "The Millionaire Hundred Dollar Bill," a two part, also "Twenty Edith Clayton" in a comedy, "Here Comes the Bride," will be shown. It makes a some bill for Tuesday. Regular prices will prevail.—Advertisement.

**WALLS OF JERICHO.**

Tomorrow and Wednesday, the Unique presents Edmund Brown in "The Walls of Jericho." This is a modern drama of social life by Alfred Sutro, and is one

of America's greatest stage successes, being played by James K. Hackett. The price of this production will be 25 cents for adults and 15 cents for children. Shows start at 12 m., 1:15 p. m., 2:30 p. m., 3:45 p. m., 5 p. m., 6:15 p. m., 7:30 p. m., 8:45 p. m., 10 p. m. Come to the matinee and avoid the night crowds.—Advertisement.

Herbert Hawthorne, will be shown today at the Unique. This is the third in the series, entitled "The Pocket Wireless," and is the best one yet. "The Black Box" will be here last the one day, so don't miss it.—Advertisement.

### OKATEE COWBOYS.

Bronco riding, a potato race, wrestling on horse back, and many other amusing cowboy feats are seen at the City Hall Triangle daily at 2 and 4 p. m. Admission is 25c.—Advertisement.

### THE UNIQUE.

"The Black Box" by E. Phillips Oppenheim, the greatest mystery picture ever produced, with Annie Little and

## Eat This Good Breakfast

Hot off the griddle, brown-topped and fragrant, give those well baked batter cakes to that hungry family for breakfast. With them, serve the syrup that tops them all in flavor, richness and food value. Its name is

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and it's Nature's own fine product. Children love Velva, and it's good for them three times a day. Give it to them on hot biscuits, on waffles, on muffins or on slices of light bread.

You can't buy the same amount of nourishment in any other form for the same price as you'll buy in Velva. Use it and you'll keep the cost of your table down. Ten cents up, at your grocer's. Save the coupons on the labels and send for premium catalog to

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## A Lesson of

economy in cooking is of far less importance than another lesson that is sometimes learned too late.

### That of Saving

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4% ON SAVINGS.

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## UGH! CALOMEL IS HORRIBLE! IT SHOCKS YOUR LIVER, IF BILIOUS

Calomel sickens! Don't lose a day's work! Clean your Liver and Bowels with "Dodson's Liver Tone."

Ugh! Calomel makes you sick. It's horrible! Take a dose of the dangerous drug tonight and tomorrow you may lose a day's work. Calomel is mercury or quicksilver which causes necrosis of the bowels. Calomel when it comes into contact with your bile causes it to break up. This is when you feel that awful nausea and cramping. If you are sluggish and "all knocked out," if your liver is torpid and bowels constipated or you have headaches, dizziness, coated tongue, if breath is bad or stomach sour, just try a spoonful of harmless Dodson's Liver Tone tonight. Here's my guarantee—Go to any drug store and get a small bottle of Dodson's Liver Tone. Take a spoonful and if it doesn't straighten you right up and make you feel fine and vigorous I want you to go back to the store and get your money. Dodson's Liver Tone is destroying the sale of calomel because it is real liver medicine; entirely vegetable, therefore it can not salivate or make you sick. I guarantee that one spoonful of Dodson's Liver Tone will put your sluggish liver to work and clean your bowels of that sour bile and constipated waste which is clogging your system and making you feel miserable. I guarantee that a bottle of Dodson's Liver Tone will keep your entire family feeling fine for months. Give it to your children. It is harmless; doesn't gripe and they like its pleasant taste.—Advertisement.

## LEVY GROCERY COMPANY

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3 Cans Sauer Kraut.....25c 3 Cans String Beans.....25c  
3 Large Cans Baked Beans.....25c 2 Cans Eastern Table Peaches or Pears.....25c  
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Trade with us and save money. Mail orders given prompt attention.  
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## Mrs. Edna Evans Has Convinced!

the ladies of El Paso that she is an **EXPERT**, of exceptional ability, in the culinary art.

**MRS. EVANS USES RICH'S TRYPHOSA, RICH'S IMPERIAL WINE JELLY and RICH'S COFFEE JELLY** in making her famous jelly desserts, and has chosen **RICH'S MINT AND PLAIN TRYPHOSA** with which to prepare her delicious salads.

"A word to the wise is sufficient."

Order a full assortment from your grocer, try them all, and choose your favorite flavors for future use.

There are **SIXTEEN FLAVORS** and **PLAIN**, making the full assortment **SEVENTEEN** packages—**NO TWO ALIKE**—and they only cost 10c per package. Order **TODAY** and avoid the rush.

It keeps indefinitely.

### ANNOUNCEMENT

K. B. Creel and J. W. Phillips, formerly connected with Austin & Marr Co., have formed a partnership under the name of Creel & Phillips, with offices at 307 First National Bank Bldg., and will do a general real estate and insurance business, specializing on city property, rooming houses and rental collections.

**CREEL & PHILLIPS**

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## Wrist or Bracelet Watches

When you attend the cooking school, notice how convenient the wrist watch is. You will see Mrs. Evans consult hers every few moments and then realize how handy an article they are. **REMEMBER** then at our store you can buy one.

Whether you pay \$100 or \$2.50 it will be worth the price, for we know watches and will sell only those that will prove satisfactory.

Be sure and spend some time in our exhibit.

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